



DECEMBER 2022

# FORCE REPORT



**FORCM Roberts, Director Hospital Corps:**

## 'TIS THE SEASON FOR NAVY MEDICINE

While traveling with the SG this past month, we were fortunate to meet many Sailors aboard the USNS Comfort. The Ship's crew was doing outstanding work for Columbian local communities in support of "Continuing Promise 2022." It brings great pride and happiness to the SG and I to see you all in your "element" executing the mission of Navy Medicine.

We've accomplished great things this year. First and foremost, soon, our Hospital Corpsmen will get certified as EMTs in "A" school. Also, Navy Medicine expanded our Cook County, IL partnership to train our Expeditionary Resuscitative Surgical System personnel. We've modified TCCC to accommodate varying skill sets. And on the front lines, we combatted COVID in local communities, welcomed allies from war-torn countries, and provided care and services to various communities worldwide. I'm proud of our accomplishments, and you should be too!



*People,  
Platforms,  
Performance,  
Power*

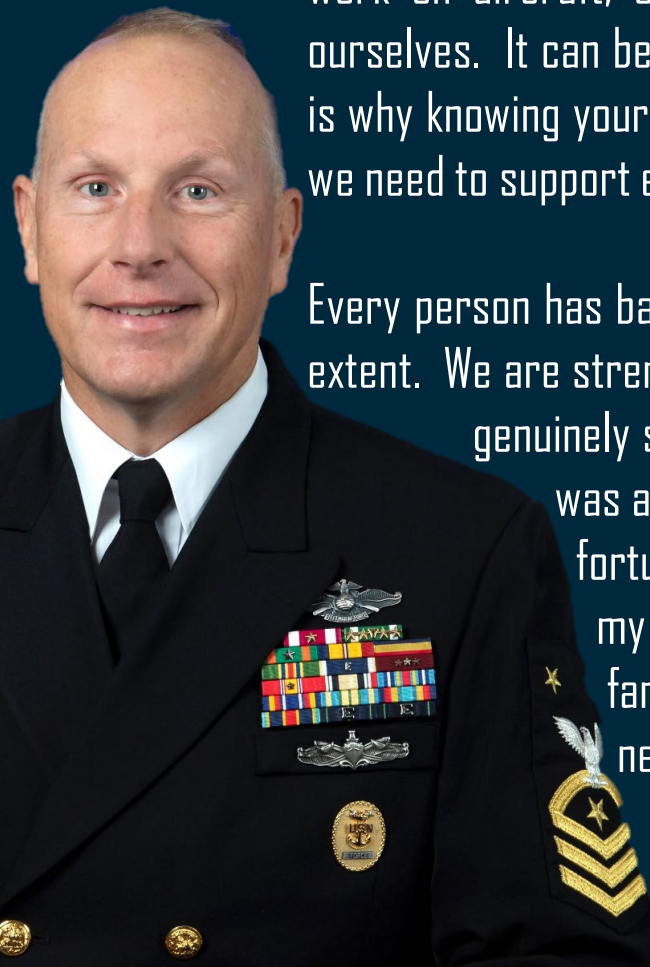


# FORCM's THOUGHTS

## FORCM Roberts, Director Hospital Corps:

'Tis the season for Self-care as well! Reflect on yourself, and acknowledge your successes and struggles because each of us must care for one another and ourselves. The life of a Sailor is challenging, especially for younger Sailors. It's easy to forget that while we're trained to save lives, work on aircraft, or maintain a ship's weapons system, we also can struggle with expressing ourselves. It can be even more challenging when speaking about our difficulties and struggles. This is why knowing your shipmates is essential and intrusive leadership is critical! We need each other; we need to support each other and listen and learn.

Every person has bad days, whether in the Navy or not. Every person feels depression to a certain extent. We are strengthened by our ability to pull ourselves out of that feeling. As someone who has genuinely suffered, I felt a pull, a force that made me focus on myself and my negativity. I was aware, I knew I was spiraling down, but I felt incapable of pulling myself out. I was fortunate enough to be supported by my chain of Command. I had leaders who knew my life and personality, and they knew when something was wrong. My friends and family were there to support me too. Eventually, I got the help I learned that I needed. It took me a while, but through my support, I was alright. I'm asking you all to do for each other what was done for me. Care for one another and care for yourself.



# ***NEC SPOTLIGHT***

## ***LO7A – AEROSPACE PHYSIOLOGY TECHNICIAN***

Serves as a technical assistant to the Aerospace Physiologist. Provides instruction to aviation and non-aviation personnel in aeromedical aspects of flight, in-flight visual problems, spatial disorientation, emergency egress systems, personal life support equipment, and water survival techniques. Assists in the fleet introduction and evaluation of aviator's personal and survival equipment.

### **NOTE:**

Due to the nature and environment in which LO7As operate, qualification as a 2<sup>nd</sup> Class Swimmer and High-Risk Instructor are strongly recommended.



For more information contact the LO7A ETL:  
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# BRAVO ZULU

JOB WELL DONE!



## HMI (EXW/DV/PJ) JONATHAN DRZEMIECKI

Serving as the Senior Dive Medical Technician assigned to Dry Deck Shelter Platoon Two (DDS-2), SEAL Delivery Vehicle Team One (SDVT-1). His recent work onboard an OHIO-class submarine exemplified his versatility and broad technical competence. As the lead Hanger Operator, he developed new Subsurface Special Operation capabilities for mission rehearsals, certification, and completing a Naval Special Warfare Reconnaissance mission. He qualified six Navy Divers and Hospital Corpsmen with specialized submarines diving qualifications. He provided medical oversight for 38 Navy SEALs and Divers during a 75-day operational period, during which time his team trained in medical rescue climbing/extraction procedures, hyperbaric chamber operations, and diving medical treatments. His tactical acumen and initiative embody those of a Hospital Corpsman, and he is the epitome of leadership to his peers in medical and diving communities. Bravo Zulu HMI Drzemiecki!



# FALLEN, BUT NEVER FORGOTTEN

## Hospitalman Kyle A. Nolen

21, Ennis, TX. Died December 21, 2006, Supporting Combat Operations in Iraq. 4th Marine Division, I Marine Expeditionary Force, Twentynine Palms, CA

## Hospitalman Christopher A. Anderson

24, Longmont, CA. Died December 4, 2006. Supporting Combat Operations in Iraq. 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, NC



# FAIR WINDS AND



# FOLLOWING SEAS

HM1	ABUAN BABYRONALD C	HMC	CLARK AMY M	HMC	PETERSON JASON M	HMC	ROONEY MICHAEL W
HM1	GRAHAM LENNIS T	HMC	GEIGER CHARLES M	HMC	PETERSON SCOTT C	HMC	ZANINI KRISTILYNN
HM1	NARVAEZ AXEL A	HMC	JONES CURTIS D	HMC	RAMPERTAAP GAVENDRA M	HMC	ZILLIOX EVAN E
HMC	BURTON TANYA N					HMC	CRAIG NIKKI M

**For many years these sailors stood the watch. While some of us were in our bunks at night these sailors stood the watch.**

**While some of us were in school learning our trade these shipmates stood the watch.**

**Yes.. even before some of us were born into this world these shipmates stood the watch.**

**In those years when the storm clouds of war were seen brewing on the horizon of history these shipmates stood the watch.**

**Many times they would cast an eye ashore and see their family standing there,  
needing their guidance and help, needing that hand to hold during those hard times but they still stood the watch.**

**They stood the watch for twenty years or more.**

**They stood the watch so that we, our families and our fellow countrymen could sleep soundly in safety, each and every night,  
knowing that a Sailor stood the watch. Today we are here to say,**

**Shipmate... the watch stands relieved.**

**Relieved by those you have trained ,guided, and led.**

**Shipmate you stand relieved..**

# WE HAVE THE WATCH

# OFFICE OF THE HOSPITAL CORPS



## STAFF

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